



CAIRNS OCCUPATIONAL THERAPY

Tip Sheet from Cairns OT for RACF referrers

July 2024

Things we need in preparation for seeing clients in Residential Aged Care Facilities.

We appreciate your referrals.

Many of you send excellent referrals with all the details we need.

Having up to date information about the reason for referral and relevant information assists us to book appointments in a timely manner.

Referrals

Please send all referrals to referrals@cairnsot.com as this helps us to triage the referrals and ensure the most appropriate OT sees the resident as soon as possible. We have provided our referral form in case you wish to use this, however you can use your own forms providing you send all the details we need to action the referral.

Can you please advise

Please note how the service will be funded – i.e. details of who / what organisation we need to address the invoice to and the relevant email address for the invoice

The issues that the resident has and areas that you feel need addressing.

Please detail any timeframes that are important and clarify risk factors.

Please ensure the resident / family are prepared to have the OT visit them, and if the family is responsible for the payment of additional items (such as compression garments) that they are advised of this and consent prior to sending the referral.

Our process

We would like to emphasise that as Occupational Therapists, we

Assess the resident's condition and needs

Then made treatment/equipment recommendations

Then follow up and update/modify treatment plans accordingly

There has to be a clinical need for the assistive equipment we recommend.

We also request that each resident is referred on a separate referral form and in a separate email. Each of our clients has an electronic file, and emails and referral forms are saved to their file and cannot contain information/references to other residents / clients for reasons of confidentiality. The same applies if requesting an update.

P: 07 4042 6333

F: 07 4042 6390

referrals@cairnsot.com

Suite 6, Calanna Health Centre
61 Sondrio St, Woree QLD 4868

www.cairnsot.com



What we can help you with...

- Residents who require hand therapy or splinting
- Residents who require compression for chronic swelling (i.e. lower leg swelling)
 - Please be advised residents experiencing chronic lower limb swelling should also have a GP review to determine the causes of the swelling and rule out any other medical conditions (i.e. congestive cardiac failure, DVT) prior to referral
 - Please provide recent Doppler scan reports and ABPI if possible. If there is a concern regarding arterial blood flow having a CT angiogram or Doppler and ABPI can be essential to ensuring appropriate safe compression prescription
- Residents who require equipment prescription (i.e. pressure cushion/wheelchair)

Fees

It can take several visits/occasions of service to adequately complete the assessments needed to provide treatment and recommendations to residents. Our fees are based on the number of hours required for the assessment, documentation, travel and liaison. We will often complete an *initial assessment* and then provide an estimate on the number of sessions required including any equipment and costs.

Our current hourly rate is based is \$217 per hour GST Free.

There is a fee increase in line with market factors in July each year.

We have no funding other than the fees relating to the services provided.

Our OTs are

- Kerry Stingel (Director)
- Amanda Donald
- Mignon Prinsloo
- Rebecca Morrison
- Natasha Dalzell

Our Admin team are Ruby, Lyn and Andrew.

Cairns OT celebrated our 25nd year of operation in 2024.

We value

- Being **Attentive**, dependable and committed to meeting client and referrer needs
- Providing **Valuable** services to individuals, referrers and community
- Offering Expertise, **Ingenuity** and Adaptability
- Being **Authentic**, honest and sincere in our interactions

Thank you for your ongoing support. We welcome your feedback to referrals@cairnsot.com

Cairns Occupational Therapy is your centre for

- *Hand, wrist and arm therapy, Splinting*
- *Scar, swelling, wound and lymphoedema management*
- *Pain management therapy, especially Neuropathic Pain*
- *Home modification and assistive technology prescription*
 - *Neurological rehabilitation services*